

PADUCAH POLICE DEPARTMENT

PRESS RELEASE

For Immediate Release

Contact: Robin Newberry
444-8590

Time: 2:24 p.m.

Date: Dec. 22, 2011

Place: 3500 block of Clinton Road, Paducah

Suspect: Lisa G. Helton, 40, of the 3500 block of Clinton Road, arrested on a charge of theft of controlled substances, first offense.

A McCracken County woman has been arrested after she took medicine prescribed for a patient at a nursing facility where she worked.

Lisa G. Helton was a registered nurse with Superior Care Home, 3100 Clay St. On Tuesday night, she was in charge of the residents' medication cart, and took 12 5-mg Norco pain killer tablets that were supposed to be administered to a patient.

Helton was terminated from Superior Care Home just prior to her arrest. Drug and Vice Enforcement Unit detectives Nathan Young and Justin Rundles arrested her at her home just before 2:30 p.m. today.

"When an individual is entrusted with a patient's care and they take advantage of that trust, it shows what type of person they really are," Det. Rundles said. "Nurses take an oath to care for their patients and when that oath is broken, lives are put at risk."

Helton was booked into McCracken County Regional Jail.