



**CABINET FOR HEALTH AND FAMILY SERVICES**  
**Department for Aging and Independent Living**  
**Office of the Commissioner**

**Andy Beshear**  
Governor

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Commissioner

**Coronavirus Disease 2019 (COVID-19) Recommendations**  
**for Kentucky Senior Centers**  
**March 16, 2020**

On March 13, 2020, Gov. Andy Beshear recommended temporary closure of all Kentucky senior centers. It is up to each senior center whether they close, as their local government administers them.

Here are some updates from the Kentucky Department for Aging and Independent Living (DAIL):

- Senior center-ran public transportation and in-home services will continue as normal at the participating centers' discretion. DAIL recommends senior public transit vehicles adhere to the Centers for Disease Control and Prevention (CDC) guidelines to clean all public transportation surfaces before and after a participant rides in the vehicle. The service provider will continue to follow CDC guidelines of washing hands when they arrive in the home, before and after physically touching a participant, and when they leave the home.
- All senior meal recipients will have the option to receive a meal as a drive-thru option at the senior center site at their discretion or have it delivered to their home.
- The hotline for the Aging and Disability Resource Center is 877-925-0037. When citizens call this number, it will be routed by the call's origin to the citizen's local Area Agency on Aging and Independent Living (AAAIL).
- Local operation of this phone number is subject to AAAIL business hours; citizens can leave a message if it is after hours or on the weekend, and their message will be returned the next business day.
- The State Health Insurance Program (SHIP) is a service to assist seniors with decreasing their Medicare premiums. The SHIP hotline is 877-293-7447.
- 8,000 seniors receive meals through their local senior center. Of those: 4,800 receive meals at their local senior center, and 3,200 receive a home delivered meal.
- 1,300 seniors use local public transportation funded through their senior center to get to the senior center to engage in services.