**QUICK REFERENCE DIRECTORY**

**USEFUL RESOURCES**

**Health & Medical**
- Hospital
- Urgent Care
- Free Clinics
- Prescription Drug Assistance

**Financial Assistance**
- Food Stamps
- Utilities
- Rent Assistance
- Home Energy Assistance
- Public Housing

**Housing & Homelessness**
- Housing Authority
- Homeless Shelters

**Legal Services**
- Legal Aid
- Legal Clinics
- Pro Bono Providers

**Senior Services**
- Senior Centers
- Meals on Wheels
- Home Delivered Meals

**Veterans Services**
- VA Medical Centers
- VA Clinics
- Veteran Affairs

**Transportation**
- Buses
- Taxis
- Lyfts
- Ridesharing

**Communication**
- Internet Providers
- Phone Services
- Cable Providers

**Community Resources**
- Food Banks
- Clothing Banks
- Blood Banks

**Community Centers**
- Parks & Recreation
- Libraries
- Community Centers

**Environmental**
- Recycling
- Environmental Health
- Animal Services

**Safety**
- Police
- Fire Departments
- Emergency Services

**Education**
- Schools
- Universities
- Libraries

**Emergency Services**
- Hospitals
- Urgent Care
- Emergency Rooms

**Utilities**
- Electricity
- Gas
- Water

**Additional Resources**
- United Way
- Nonprofits
- Local Chambers of Commerce

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**Housing Vivienda**

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**Contact United Way for more information or to connect to a local community resource guide online:**

[www.unitedwaypaducah.org](http://www.unitedwaypaducah.org)