



Fall & Winter Programs

CITY OF PADUCAH - PARKS SERVICES

Fall/Winter 2015



Paducah Recreation Center, programs, activities, and much more!

The Paducah Recreation Center (PRC) has been a part of the Paducah Parks Services for 5 years. PRC offers programs and recreational activities for the Paducah community. Some of the classes and programs include but are not limited to: Chair Yoga, Tai Chi, Open Gym Basketball and Volleyball, Futsal, Walking Club, dance classes, and Psyanka.

The main goal of the PRC is to provide the community with a wide range of programs and activities for people to enjoy, with the hope we can provide something for everyone. Taylor Morsching, Recreation Specialist says, "The Paducah Recreation Center is a great facility for everyone in the community. We offer programming geared toward youth, adults, and even senior citizens." Morsching also adds, "It's a great value as memberships are only five dollars for the calendar year and the five dollars will also cover your entire family."

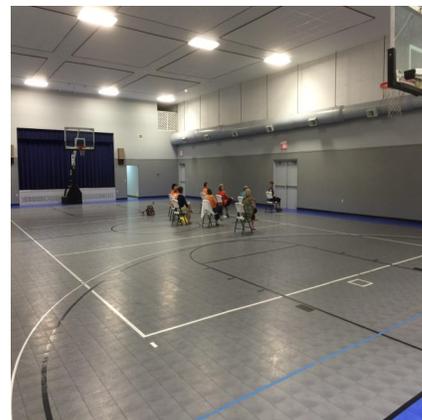
The five dollar membership includes access to the facility, most classes, use of facility equipment, etc. during regular operating hours. Although a membership is still required to participate, sports

leagues, sports tournaments, and special events are excluded in the cost for membership and will have additional registration fees.

PRC's mainstay is the daily Open Gym times during the day. Open Gym gives PRC members an opportunity to participate in whatever they may choose. During Open Gym, you may find a group teaming for a pick-up game of a basketball or maybe even futsal. You can also come out to Open Gym to develop your skills for the activity of your choosing.

PRC is more than just play. The facility offers a multi-purpose floor for all kinds of activities. A conference room is also available next to the court. The conference room has a pass-through area to the large kitchen. At the end of the court is a stage and bathrooms with a shower. Available upstairs is a large open area, open to the court below which is perfect for classes.

Visit the Paducah Recreation Center Monday-Friday at 1527 Martin Luther King Jr. Drive or give them a call at 270-408-1530. For more information on the Paducah Recreation Center visit <http://paducahky.gov/paducah/paducah-recreation-center>.



Special

Features:

- **Paducah Recreation Center**
- **Paducah Parks Social Media**
- **Christmas Market**

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Learn more about Paducah Parks and programs offered!

Paducah Parks Services Fall programs can be found in a number of different places. Look for us in Purchase Area Parenting and Family Magazine, on iList Paducah where our programs are featured in the iLoveParks section of the publication. Be-

come an iList subscriber and join the thousands of us that get weekly emails from iList updating us on what's happening in Paducah each week. Other places you can find information about Parks programs are on the City's website at www.paducahky.gov, on our facebook page at

www.facebook.com/paducahparks, and on twitter. Learn more about the Farmer's Market, Fall Festival, Veteran's Day, and more by visiting any of these websites where we can keep you informed and up to date on what's coming up this fall at Paducah

Parks Services! To register for any Parks classes and programs or to find out more information call the Parks Services office at 270.444.8508 or visit us online at www.paducahky.gov/parks.



Paducah Recreation Center

(270) 444-8508



Located at 1527 Martin Luther King Jr. Drive

Hours of Operation

Monday - Thursday 2:30 pm - 9:00 pm

Friday 2:30 pm - 6:00 pm

Saturday - Sunday CLOSED

Membership Fees

Family Membership	\$5
(Family consists of Guardian(s) and their children)	
Special Events	Varied
League Fees	Varied
(Does not include membership fees)	
Classes at the REC	Varied
(Some classes are not included in membership and will have additional participation fees)	

REC SCHEDULE:

Monday: Tai Chi @ 12:30 pm; Open Gym @ 2:30 pm; Chair Yoga @ 3:30 pm; Dance @ 6:00 pm; Basketball Open Gym @ 6:00 pm

Tuesday: Walking Club @ 10:00 am; Mat Yoga @ 11:00 am; Open Gym @ 2:30 pm; Mat Pilates @ 3:30 pm; Futsal Open Gym @ 6:00 pm

Wednesday: Walking Club @ 11:30 am; Chair Yoga @ 12:15 pm; Open Gym @ 2:30 pm; Sit & Get Fit @ 3:30 pm; Basketball Open Gym @ 6:00 pm

Thursday: Walking Club @ 10:00 am; Nutrition Education @ 10:30 am; Chair Yoga @ 11:00 am; Open Gym @ 2:30 pm; Mat Yoga @ 3:30 pm; Dance @ 6:00 pm; Volleyball Open Gym @ 6:00 pm

Friday: Chair Yoga @ 12:15 pm; Walking Club @ 1:00 pm; Open gym @ 2:30 pm; Mat Yoga @ 3:30 pm

For more specific information about dates and classes call 444-8508 or visit us online at

RULES @ THE REC

- Must wear athletic shoes on gym floor (Shoes with heels are prohibited.)
- Must show ID upon entry and sign in
- Hanging on rims of basketball goals is prohibited
- Equipment must be checked out at the office
- Equipment must be signed back in at the office before leaving the facility
- Profanity, rough housing, and horse play are prohibited
- Must be respectful of others and facility staff
- Must follow additional game rules during league play
- Children under 10 must be accompanied by an adult, except during after school hours (3:30 - 5:00 pm, Mon - Friday, when school is in session)

For more information about membership or reservations contact Parks Services at 270-444-8508.

NEW PARK: Coming Soon. 14th Street Park

Expect to see changes to the property at 14th and Madison as early as



Health and Wellness Programs

Pilates—Mat

Join Suzi Renaud for a 45-minute strengthening class in a combo mat pilates and yoga class. Tuesdays at the Paducah Recreation Center. Classes are ongoing.

(Ages 16+ years)

Tuesdays @ 3:30 pm

Free with PRC Membership

Paducah Recreation Center

Suzi Renaud

Yoga—Mat

Yoga at the Paducah Recreation Center. 45 minute class to re-energize, strengthen and tone. Build some relaxation into your day. Class is available to REC members only. Contact Parks for more information about membership.

Tuesdays & Fridays

Beginning August 4 & 7

August 4—December 22

Paducah Recreation Center

Suzi Renaud

Aikido

Aikijutsu or "art of love and care" is a samurai art with techniques that date back 900 years. We practice Shugo Tenshi ryu or "Guardian Angel" style.

The principles we use with the techniques allow a smaller person to take down and pin someone three times their size. All students train together; there are no children's or women's defense classes. This allows the children and women to train against our largest, strongest men and have the confidence that they have the ability to take them down and pin them safely. Our only goal - teaching you the skills needed to survive an altercation on the street.

(Ages 12+ years)

Mon and Thurs @ 6:30 pm

Begins August 3

Cost: \$50 per month

Classroom 2, Parks Services

Craig Cruse

Yoga—Chair

Great for those in need of rehabilitative or specialized exercise programming. Free with PRC membership.

Two Monday sessions beginning August 3 at 3:30 and September 14 at 3:30. Wednesday at 12:15 beginning on August 5. Thursday at 11 beginning on August 6. Friday at 12:15 beginning on August 7.

Paducah Recreation Center

Suzi Renaud

Walking Club—PRC

Paducah Recreation Center will open for walkers who want to get out of the cold during these fall season. Must be a PRC member to participate. PRC membership is \$5 annually and is available for purchase at the Paducah Recreation Center or the Parks Office. Contact Parks for more information at 270-444-8508.

Beginning August 4

Tuesday, Wednesday, Thursday, Friday

Paducah Recreation Center

Dance and Performing Arts

Clogging—Beginner

Basic clogging techniques taught for fun and fitness. New Cloggers MUST register on 9/14 for the upcoming year. For more information call Trudy McCutchen at 444-9131 or 519-2062.

Mondays

October 5-December 7

7:00 pm

Robert Cherry Civic Center

Trudy McCutchen

Mid East Dance - Beginners

Mid-East Dancing, or "Belly Dancing", is a wonderful form of exercise and an expression that teaches poise and grace. Beginning class. Begins September 2. (Ages 16+ years)

Wednesdays @ 5:00 - 6:15 pm

Cost: \$40/8-week session

Classroom 2, Parks Services

Jennifer McCann

Mid East Dance - Intermediate

Mid-East Dancing, or "Belly Dancing", is a wonderful form of exercise and an expression that teaches poise and grace. Intermediate class. New sessions begin September 1 and October 27. (Ages 16+ years)

Tuesdays @ 6:30 - 8:00 pm

Cost: \$40/8-week session

Classroom 2, Parks Services

Margie Hyde

Mid East Dance - Advanced/Troupe

Advanced Class. New sessions begin September 2 and October 28.

(Ages 16+ years)

Wednesdays @ 6:30 - 8:00 pm

Cost: \$40/8-week session

Classroom 2, Parks Services

Margie Hyde

Mid-East—Tribal Fusion—Advance

A fun class that combines elements of hip hop, Indian dance, Jazz, American Tribal Style belly dance, and traditional belly dance to create an earthy and expressive dance style known as Tribal Fusion belly dance. It is open to all levels of dancers, no prior dance experience is required. Sessions begin September 3 and October 29.

6:30 pm—8:00 pm

Classroom 3, Paducah Parks

Tasha Forest

Mid East Dance - Tribal Fusion—

Beginner

A fun class that combines elements of hip hop, Indian dance, Jazz, American Tribal Style belly dance, and traditional belly dance to create an earthy and expressive dance style known as Tribal Fusion belly dance. It is open to all levels of dancers; no prior dance experience is required. New sessions begin September 3 and October 29.

(Ages 16+ years)

Thursdays @ 5:30 - 6:15 pm

Cost: \$25/8-week session

Classroom 3, Parks Services

Tasha Forrest

Mid East Dance—Performance

Troupe

Instructor approval required.

New sessions begin September 1, October 6, November 3, and December 1.

6:00 pm—7:30 pm

Classroom 3, Paducah Parks

Lisa Mead

Twinkle Toes Academy

A princess-themed ballet class where the young ladies will have a graduation at the end of the course.

(Ages 2 - 3 years)

Mondays or Tuesdays @ 5:30pm – 6pm

Sept 28 – Dec 8

\$40

Paducah Recreation Center

April Thomas

Jazz + Hip Hop Combo

This class focuses on the basics of jazz and hip hop.

(Ages 4 - 12 years)

Mondays @ 6pm- 7:30pm

Sept 28 – Dec 7

\$60

Paducah Recreation Center

April Thomas

Jazz + Hip Hop Combo

This class focuses on the basics of jazz and hip hop.

(Ages 4 - 7 years)

Tuesdays @ 6pm– 6:45pm

Sept 29 – Dec 8

\$40

Paducah Recreation Center

April Thomas

Jazz

This class focuses on flexibility and controlled isolated movements.

(Ages 4 - 7 years)

Wednesdays @ 6pm– 6:45pm

Sept 30 – Dec 9

\$30

Paducah Recreation Center

April Thomas

Dance and Performing Arts Continued...

Ballet

This class focuses on the basic principles of ballet set to today's hit music.

(Ages 4 - 12 years)

Thursdays @ 5pm– 5:45pm

Oct 1 – Dec 10

\$35

Paducah Recreation Center

April Thomas

Funkdafied

In this funky class, we will explore the fusion between new school and old school beats.

(Ages 7 - 12 years)

Tuesdays @ 6:45pm – 7:30pm

Sept 29 – Dec 8

\$25

Paducah Recreation Center

April Thomas

Musical Theatre

We like the drama! Transform yourself as you learn swanky jazz with a Broadway vibe.

(Ages 7 -12 years)

Wednesdays @ 6:45pm – 7:30pm

Sept 30 – Dec 9

\$25

Paducah Recreation Center

April Thomas

Fuzion

Learn how to sing, dance, and act in one class! Students will learn how to craft singing, dancing and acting skills together, combining current and classic songs with stylized movement and dialogue. Levels for Elem thru High School. Call 270-210-4990 for more information about class schedule.

\$35/month

The Rhythm Factory

Tiffany Okerson

PreK - High School Dance

Ballet, Tap, Jazz, Contemporary, Lyrical, and Hip Hop! Different styles can be combined as you like to create your perfect dance curriculum. Call 270-210-4990 for more information about class schedule.

\$40/month

The Rhythm Factory

Tiffany Okerson

Technique and Anatomy

(Ages 13 - 19 years)

A supplemental class to Ballet, solid technique is reinforced and students will learn how to align the body properly when dancing, as well as how to move and stretch correctly in order to prevent injury and prolong the overall health of the joints and muscles a dancer needs for success. Classes are ongoing. Call 270-210-4990 for more information about class schedule.

Fridays @ 5:45 pm

\$40/month

The Rhythm Factory

Emi Hensel

Jumps, Lifts, Turns, & Acro

(Ages 10+ years, with instructor approval) An action packed class where students will learn how to do various types of dance "tricks" and the techniques behind them, as well as condition students to be stronger, more flexible and agile. A minimum of 3 years dance experience is required. Classes are ongoing. Call 270-210-4990 for more information about class schedule.

Tuesdays @ 7:45 pm

\$45/month

The Rhythm Factory

Tiffany Okerson

Dramatic Arts

Acting, stage presence, theater history, behind the scenes, stage makeup, improvisation and more. Students will learn skits, play fun acting games, and explore the world of theater! Classes are ongoing. Call 270-210-4990 for more information about class schedule.

Elem students Tuesdays @ 6:15 pm

MS and HS students Tuesdays @

4:45 pm

\$40/month

The Rhythm Factory

Amber Taylor

Vocal Technique and Performance

Vocal techniques such as breath control, projection, diction, pitch and more will be explored, as well as stage presence and finding your own unique voice. For every aspiring singer! Classes are ongoing. Call 270-210-4990 for more information about class schedule.

Elem students Tuesdays @ 4:15 pm

MS and HS students Tuesdays @

5:30 pm

\$35/month

The Rhythm Factory

Amber Taylor

Private Lessons in Guitar, Piano,

Voice and Dance

(K - Adult)

Curriculum varies for age level and ability. Call 270-210-4990 for more information about schedule.

\$15/30-minute lesson

The Rhythm Factory

Instructor varies upon discipline.

Athletics and Sports Leagues

Basketball Open Gym

Open Gym basketball will be from 6:00 - 9:00 pm on Wednesday nights at the Recreation Center. Participants must be at least 16 years of age and older. Children under the age of 16 years, who are not accompanied and supervised by an adult will not be permitted to enter. Must be a PRC member to participate. Contact the office for more information about PRC membership.

(Ages 16+ years)

Beginning August 5

Wednesdays @ 6:00 pm

Cost: Free with PRC Membership

Paducah Recreation Center

Taylor Morsching

Futsal Open Gym

Open Gym Futsal is every Tuesday night at the Paducah Recreation Center running from 6:00 – 9:00.

Players must have a \$5 Recreation Center Membership to participate.

Tuesday

6:30-9:00

August 4-October 27

Paducah Recreation Center

Midtown Golf Course

Midtown Golf Course is a one of a kind park in the region where golf, disc golf, and FootGolf are all played on the same course. The FREE nine-hole course allows traditional golfers, footgolfers, and disc golfers to play at the same time with each hole having a disc golf basket and hole for golf and FootGolf. This is a great course for people of all ages and skill level.

Futsal League

Coed futsal for 18 years and up. Tuesdays this fall at 6:00 pm. 5v5. Must pre-register Contact Parks at 270 -444-8508 for more information.

Paducah Recreation Center

Toney Little

Fall Adult Softball

Three leagues will be offered, Men's Lower on Monday, Men's Upper on Tuesday, and Coed on Wednesday. Maximum of 10 teams per league. Registration Deadline is 4:00 pm on Tuesday August 11. Games will begin August 24-26 and run until late October/early November.

Monday, Tuesday, Wednesday

Register by August 11

Games begin week of August 24

6:30, 7:30, 8:30 pm

Cost: \$400 per team

Stuart Nelson Park

Taylor Morsching

Adult Volleyball

Open Gym Volleyball is every Thursday night at the Paducah Recreation Center running from 6:00 – 9:00. Players must have a \$5 Recreation Center Membership to participate.

Thursdays

6:30-9:00

Paducah Recreation Center

Coed Kickball

Coed Kickball League. Minimum of 10 players per roster and minimum of 2 must be female. Each team must have a minimum of 1 female infielder and 1 female outfielder in the field during play. Season begins Thursday, October 1.

(Ages 14+ years)

Thursdays @ 6:30 pm

Cost: \$150 per team

Stuart Nelson Park

Mallory Gentry

Coed Dodgeball

Minimum of 6 players per roster. Informational meeting will be Monday, October 13th. Season begins October 27th.

All participants must be over the age of 14 at the beginning of the season. Season begins November 2.

(Ages 14+ years)

Mondays @ 6:30 pm

Cost: \$150 per team

Paducah Recreation Center

Mallory Gentry

Coed Wiffleball

Informational meeting on Monday, December 14 at 6:30 pm at the Paducah Parks Services Office Building. Registration deadline is 5:00 pm on Friday, January 8. Games begin Monday, January 25.

(Ages 14+ years)

Mondays @ 6:30 pm

Cost: \$150 per team

Paducah Recreation Center

Mallory Gentry

FootGolf Paducah Open

We will be hosting the 1st Annual FootGolf Paducah Open at Midtown Golf Course on Saturday October 17. This tournament is open to both veteran players and people interested in trying the sport for the first time. The fee for participating is FREE with a canned good donation. Soccer balls will be available to check out if you do not have your own.

Saturday October 17

9:00 am

FREE with a canned good donation

Midtown Golf Course

Taylor Morsching

Educational Programs

Fountain Avenue Fall Festival

Saturday, October 24
5:00 - 8:00 pm
Lang Park



Tot School

Age-appropriate activities are used to enhance each child's development. Activities include: free play, story time, snack time, music, art, circle time, field trips, and more. Please pick up your parent handbooks in the main office. Payment is due at the time of registration and by the 1st Friday of every month. Open House with the teacher on Friday, August 14th, from 9 - 11 am. Limited space is available!

(Ages 3 - 5 years)

August 17 - December 16

Mondays and Wednesdays

9:00 am - 2:00 pm

Cost: \$110 per month

Classroom 1, Paducah Parks Bldg

Pysanka

In just one workshop you will successfully complete amazingly beautiful examples of this ancient Eastern European folk art. You will make brilliantly intense starbursts of color in shiny geometric, floral, or swirly designs, stained on exquisite eggs that will last a lifetime. You will learn effective ways to apply symmetrical designs, draw straight lines on rounded surfaces, and apply brilliant, permanent, color to ordinary eggs. Intermediate class. Material Fee of \$5 to be paid to the instructor in class.

October 10 & 24, November 14 & 21
9:00 am - 3:30 p.m.

Paducah Recreation Center

Mary Sheehan

Special Events and Programs

Woof-Tober

Bring your pooch to the Dog Park for a fun fall adventure. Parks will host a costume contest and pet parade. Pet adoption, pet grooming, and micro-chipping vendors will also be onsite. All Dog Park rules apply in addition to event rules.

Saturday, October 10

2:00 - 4:00 p.m.

Dog Park, Stuart Nelson Park
Molly Tomasallo

Fountain Avenue Fall Festival

Join us for a night of fun with a hayride, costume contest, a movie in Lang Park, s'mores, and much more!

Saturday, October 24

5:00 - 8:00 pm

Cost: Free

Lang Park

Mallory Gentry

Veteran's Day Parade

Paducah Parks Services and The 2015 Veterans Day Parade Committee would like to invite you to join us in celebrating our heroes at our annual Veterans Day Parade! Deadline to submit an application for the parade is Friday, October 23, 2015 at 5:00 pm. Applications and rules are available by calling Parks Services at 444-8508 or visiting us online at www.paducahky.gov.

Wednesday, November 11

11:00 am

Cost: Free

Downtown

Molly Tomasallo

Christmas Market

Paducah Parks will host the first Christmas Market in downtown Paducah on Saturday December 12. We will be partnering with downtown businesses to offer discounts for all of your Christmas shopping needs. Come to our Snowball Drop to see what discounts you earn at participating downtown businesses for this Christmas season! Lots of fun for the entire family.

Saturday, December 5

8:00 am - 12:00 pm

Downtown

Molly Tomasallo



2015 Veteran's Day Poster and Essay Con-

Veteran's Day Contest is for all students in K - 12th grades and will be judged in four grade di-

Winners will receive prizes and be invited to ride on a float in the parade held

Prizes will be given in each age division:

1st Place
\$100

<u>GRADE</u>	<u>THEME</u>
K-2	"How Can I Be Patriotic and Brave" (Must be original artwork) 8" x 11" picture
3-5	"Thanks To Veterans For Their Sacrifices For Us" 100—150 words

ON BACK OF ENTRY THE FOLLOWING MUST BE

Student's Name Grade Name of School/Teacher School

Entries must be received no later than 5:00 pm on Thursday, October 22 at: **Paducah Parks Services, 1400 HC Mathis**

VISIT PADUCAH PARKS ONLINE!

Stay connected with Paducah Parks Services by liking us on Facebook and following us on Twitter. It's a great way to get involved and stay up to date on all of the latest news and happenings.

Like us on Facebook: Paducah Parks Services

Follow us on Twitter: @PaducahParks



Saluting our Veterans

Special Events and Programs

Candy Cane Hunt

Hunt for Candy Canes with Paducah Parks Services at the Carson Center Lawn! Participants will be divided into 2 age groups. Goodie Bags will be distributed to participants.

Saturday, December 5

1:00 pm

Cost: Free

Riverfront Plaza

Taylor Morsching

Christmas "Ugly Sweater Fun Run"

Paducah Parks Services will host the first ever Ugly Sweater Fun Run prior to the Christmas parade. The run will begin on 14th street in front of the Paducah Police Department and will end at the foot of Broadway. Rules and regulations do apply. Contact Parks Services at 444-8508 or visit our website at www.paducahky.gov for official rules.

Saturday, December 5

4:30 pm

Cost: \$10, bring a toy get a \$5 discount

Molly Tomasallo

Christmas Parade

Paducah Parks Services will host a grand parade through Downtown Paducah. Parade begins at 14th and Broadway and disbands at 2nd and Jefferson. Rules and regulations do apply. Contact Parks Services at 444-8508 or visit our website at www.paducahky.gov for official rules. Parade entry applications must be received by November 13, 2015 at 5:00 pm. Late entry applications will be subject to a \$25 late fee and will not be accepted after 5:00 pm on Friday, November 20, 2015.

Contact Parks at 444-8508 or visit us online at www.paducahky.gov to download your parade entry form. Parade theme is. Prizes will be awarded in all categories.

Saturday, December 5

5:00 pm

Downtown

Molly Tomasallo

Snow Sculpture Contest

Join us for our snow sculpture contest. Get your family outdoors to play in the snow and create a one-of-a-kind snow sculpture. Send us a picture of your creation made out of the fresh snow that falls in our region between November 1, 2015 and March 31, 2016 and you could win a prize. Prizes will be awarded to the top 5 snow sculptures. Pictures can be mailed to or dropped by Paducah Parks Services at 1400 HC Mathis Drive, Paducah, KY 42002, or email your pictures to aclark@paducahky.gov. All pictures must be received by 5:00 pm on March 31, 2016. Be sure to include your name, contact information, date of your creation, and the name of your snow creation with your picture. Winners will be announced and awarded prizes.

Amie Clark

UGLY SWEATER

Saturday, December 5

Run begins at 4:30pm

14th and Broadway

Pre-register, \$5 per person



Fun Run

Paducah Parks Services

1400 HC Mathis Drive, Paducah, KY 42001

PH (270) 444-8508

FAX (270) 444-8627

website: www.paducahky.gov

email: parkinfo@paducahky.gov

Mark Thompson, Director

Les Evans, Parks Maintenance Superintendent

Ed Sanders, Parks Maintenance Supervisor

Amie Clark, Recreation Superintendent

Molly Tomasallo, Special Events Coordinator

Mallory Gentry, Recreation Specialist

Taylor Morsching, Recreation Specialist

Jill Raney, Account Assistant

Lessa Wilson, Administrative Assistant



We invite you to visit all of our City Parks and Facili-



- **Albert Jones Park** - “C” & “B” Streets neighborhood - Perimeter walk path, lighted seating area and landscaping designed for a serene setting.
- **Bob Noble Park** - 28th & Park Avenue - 116 acres with 5-acre lake. Indian sculpture “Wacinton”, 6 lighted tennis courts, 4 full-length basketball courts, outdoor swimming pool, 20 picnic shelters, tables and grills, outdoor amphitheater, Anna Baumer Community Center, Arts and Crafts Building, Civic Center, handicapped accessible nature trail, 2 playgrounds (1 boundless), 6 baseball/softball fields, Greenway Trail, Skate Park, public pool with spray pad, and free wireless internet hotspot.
- **Brooks Stadium & Park** - 25th & “C” Street - 75 acres, hosts American Legion and PTHS Baseball. Stadium accommodates 3,000 people. Football/rugby field adjacent to stadium. John Shepherd Soccer field across from stadium.
- **Caldwell Park** - 14th & Martin Luther King Jr. - Small Park with monument honoring a Kentucky soldier, community garden plots.
- **Dolly McNutt Memorial Plaza** - 5th and Clark - seating, scenic fountain, free wireless internet hotspot.
- **Greenway Trail** - Over 5 miles of graded and paved trail extending through Stuart Nelson and Bob Noble Parks, crossing Cairo Road, traveling under US 45 and continuing on the earthen floodwall to the riverfront.
- **Independence Park**– On the corner of Lone Oak Road and Alben Barkley Drive– Open space for play, pavilion, and small play structure.
- **Langstaff Park** - 14th & Langstaff - Small park with playground, shelter and picnic table.
- **Keiler Park** - 30th & Broadway - 2-acre site with picnic shelters and playground equipment.
- **Kolb Park** - 6th & Broad Street - picnic shelter, playground equipment.
- **Lang Park** - 17th & Fountain Avenue - site of General Lloyd Tilghman monument
- **Midtown Golf Complex** - 11th & Adams St. - 10 acre site - 9 hole, three par golf/disc golf course, free admission, one picnic shelter.
- **Oak Grove Cemetery** - 1613 Park Ave - Information about history, maps, burial records and more can be found at paducahky.gov/paducah/oakgrove-cemetery.
- **Ohio River Boat Launch** - 6th and Burnett Street - 82 space parking lot downstream of the Paducah Expo Center. The boat launch is 5-6 lane boat ramp with an 8 x 80 foot gangway/courtesy dock.
- **Paducah Recreation Center** - 1527 Martin Luther King Jr.- gymnasium, conference room, kitchen, stage, classrooms.
- **Paducah Health Park** - 14th and Madison Street - currently in design phase. Will host large green space, pavilion, community gardens, fountain, playground, walking trails, and fitness stations. Construction to begin in the fall of 2015.
- **Paxton Park Golf Course** - 841 Berger Road - City-owned, 18-hole golf course with mature trees, several creeks, and 2 large lakes winding through the course across 5 holes. Par 71 with four sets of tees and complete cart paths on each hole.
- **Riverfront Plaza** - 1st St. between Broadway and Jefferson - Scenic overlook.
- **Robert Coleman Park** - 10th & Caldwell - 1 square block, spray ground, picnic shelter, basketball court and playground.
- **Schultz Park** - Riverfront, between Monroe & Jefferson on the Ohio River - 2 acres, scenic drive with picnic tables and benches.
- **Stuart Nelson Park** - Hwy 60 & S. Nelson Park Rd - 55 acres, men’s and women’s softball fields (4 lighted), picnic shelters, tables, grills, playground equipment, Greenway Trail, and Dog Park. 18 hole disc golf course.
- **Voor Park** - 12th & Martin Luther King, Jr. - Small Park with limited play equipment
- **Wilson Stage** - On Riverfront between Broadway & Kentucky Avenue - stage area, picnic tables and benches on upper level.

Activity Registration Form



Program Information

Class: _____ Date Offered: _____ Time Offered: _____

Participant's Information:

Name (first, last): _____ Gender (circle one) M F

Birthday: _____ School Grade: (1 through 12; **P** for preschool; **K** for kindergarten): _____

Participant's E-mail address: _____

Address, City, State, Zip: _____

Parent/Guardian Name if participant is a minor (under age 18): _____

Street Address/City/ZipCode: _____

Home Phone: _____ Work Phone: _____ Extension: _____

Emergency or Cell Phone: _____ E-Mail Address: _____

Emergency Contact Information – please list in order of preference:

	Name	Phone	Relationship
1.			
2.			
3.			

I understand that this event is potentially hazardous, and that I (or my child) should not enter and participate unless medically able and properly trained. I assume full responsibility for any injury or accident which may occur while traveling to or from the event, during the event, or while on the premises of the event. I also am aware of and assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather, traffic and conditions of the road.

I hereby release the City of Paducah and each of its agents from any liability arising out of my participation in this event. This waiver includes any and all claims, whether caused by negligence or the action or inaction of any of the above parties.

I understand the entry fee is non-refundable and non-transferable. I hereby grant full permission to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

Participant's Signature

Date

• Parent/guardian signature if participant is under 18 years old

Return this form and payment to:

Paducah Parks Services, 1400 H.C. Mathis Drive -- or mail to -- PO Box 7265, Paducah, KY 42002-7265