



FEBRUARY 2016



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1 Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm</p>	<p>2 Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 3:00pm Paducah Middle School Soccer - 3:00 - 4:30pm Rightway Basketball -5:00 - 10:00 pm</p>	<p>3 Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Sit and Get Fit - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm</p>	<p>4 Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Open Gym - 4:15 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm</p>	<p>5 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm</p>	<p>6 CLOSED West Kentucky Special Olympics - 10:00am - 12:00pm</p>
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<p>7 CLOSED West Kentucky Special Olympics - 1:00 - 5:00pm</p>	<p>8 Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm</p>	<p>9 Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm</p>	<p>10 Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Sit and Get Fit - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm</p>	<p>11 Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm</p>	<p>12 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm</p>	<p>13 CLOSED West Kentucky Special Olympics - 10:00am - 12:00pm</p>
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<p>14 CLOSED West Kentucky Special Olympics - 1:00 - 5:00pm</p>	<p>15 Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm</p>	<p>16 Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm</p>	<p>17 Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Sit and Get Fit - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm</p>	<p>18 Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm</p>	<p>19 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm</p>	<p>20 CLOSED West Kentucky Special Olympics - 10:00am - 12:00pm</p>
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<p>21 CLOSED West Kentucky Special Olympics - 1:00 - 5:00pm</p>	<p>22 Tai Chi /Yoga - 12:15- 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm</p>	<p>23 Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm</p>	<p>24 Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Sit and Get Fit - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm</p>	<p>25 Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm</p>	<p>26 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm</p>	<p>27 CLOSED West Kentucky Special Olympics - 10:00am - 12:00pm</p>
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<p>28 CLOSED West Kentucky Special Olympics - 1:00 - 5:00pm</p>	<p>29 Tai Chi /Yoga - 12:15-1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm</p>	<p>PADUCAH PARKS RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION. FOR MORE INFO PLEASE CALL 444-8508.</p>			
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