



# FEBRUARY 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	<b>1</b> Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm	<b>2</b> Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 3:00pm Paducah Middle School Soccer - 3:00 - 4:30pm Rightway Basketball -5:00 - 10:00 pm	<b>3</b> Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Sit and Get Fit - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm	<b>4</b> Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Open Gym - 4:15 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm	<b>5</b> Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	<b>6</b> <b>CLOSED</b> West Kentucky Special Olympics - 10:00am - 12:00pm
<b>7</b> <b>CLOSED</b> West Kentucky Special Olympics - 1:00 - 5:00pm	<b>8</b> Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm	<b>9</b> Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm	<b>10</b> Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Sit and Get Fit - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm	<b>11</b> Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm	<b>12</b> Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	<b>13</b> <b>CLOSED</b> West Kentucky Special Olympics - 10:00am - 12:00pm
<b>14</b> <b>CLOSED</b> West Kentucky Special Olympics - 1:00 - 5:00pm	<b>15</b> Tai Chi /Yoga - 12:15 - 1:00pm PTHS Freshman Basketball - 2:30-4:15pm Chair Yoga - 3:30 - 4:30pm Open Gym - 4:15 - 6:00pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm	<b>16</b> Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm	<b>17</b> Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Sit and Get Fit - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm	<b>18</b> Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 10:00 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm	<b>19</b> Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	<b>20</b> <b>CLOSED</b> West Kentucky Special Olympics - 10:00am - 12:00pm
<b>21</b> <b>CLOSED</b> West Kentucky Special Olympics - 1:00 - 5:00pm	<b>22</b> Tai Chi /Yoga - 12:15- 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm	<b>23</b> Balanced Body - 9:30 - 10:30 am Walking Club- 10:15 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 4:30pm Rightway Basketball -5:00 - 10:00 pm	<b>24</b> Walking Club- 11:00am - 12:15pm Parenting Class - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Sit and Get Fit - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Stefan Fitzgerald Bball Practice (1/2 Court) - 5:00 - 6:00 pm Basketball Open Gym - 6:00-10:00pm	<b>25</b> Balanced Body - 9:30 - 10:15 am Weight-The Reality Series - 9:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:30pm Futsal Open Gym - 5:30-7:40pm Volleyball Open Gym - 7:45-10:00pm	<b>26</b> Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	<b>27</b> <b>CLOSED</b> West Kentucky Special Olympics - 10:00am - 12:00pm
<b>28</b> <b>CLOSED</b> West Kentucky Special Olympics - 1:00 - 5:00pm	<b>29</b> Tai Chi /Yoga - 12:15-1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 3:30 - 4:30pm Mat Yoga - 4:30 - 5:30pm Brad Clark Bball Practice (1/2 Court) - 5:00 - 6:00pm Wiffleball League - 6:00 - 10:00 pm					

**PADUCAH PARKS RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION.  
 FOR MORE INFO PLEASE CALL 444-8508.**