

PADUCAH RECREATION CENTER JANUARY 2019



PADUCAH PARKS & RECREATION
ALWAYS SOMETHING TO DO!

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION. FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT www.paducahky.gov/parks-recreation-department

	1 CLOSED <i>Happy New Year!</i>	2 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym - 6:30-10:00pm	3 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 6:15pm REC Way Practices - 6:15 - 7:15pm Volleyball Open Gym - 7:30-10:00pm	4 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	5 REC Way Basketball Games - 9:00am - 2:00pm
6 Volleyball Open Gym - 1:30 - 4:30pm	7 Walking Club - 11:30am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:30pm REC Way Practices - 5:30 - 7:30pm Basketball Open Gym-7:30-10:00pm	8 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Funky Fitness - 5:15 - 6:15pm REC Way Practices - 6:15 - 8:15pm	9 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	10 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Mid-East Dance - 5:15 - 6:15pm REC Way Practices - 6:15 - 7:15pm Volleyball Open Gym - 7:30-10:00pm	11 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm
13 Volleyball Open Gym - 1:30 - 4:30pm	14 Walking Club - 11:30am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:30pm REC Way Practices - 5:30 - 7:30pm Basketball Open Gym-7:30-10:00pm	15 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Funky Fitness - 5:15 - 6:15pm REC Way Practices - 6:15 - 8:15pm	16 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	17 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Mid-East Dance - 5:15 - 6:15pm REC Way Practices - 6:15 - 7:15pm Volleyball Open Gym - 7:30-10:00pm	18 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm
20 Volleyball Open Gym - 1:30 - 4:30pm	21 CLOSED <i>Martin Luther King Jr. Day</i> REC Way Practices - 5:30 - 7:30pm	22 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Funky Fitness - 5:15 - 6:15pm REC Way Practices - 6:15 - 8:15pm	23 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	24 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Mid-East Dance - 5:15 - 6:15pm REC Way Practices - 6:15 - 7:15pm Volleyball Open Gym - 7:30-10:00pm	25 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm
27 Volleyball Open Gym - 1:30 - 4:30pm	28 Walking Club - 11:30am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:30pm REC Way Practices - 5:30 - 7:30pm Basketball Open Gym-7:30-10:00pm	29 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Funky Fitness - 5:15 - 6:15pm REC Way Practices - 6:15 - 8:15pm	30 Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	31 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm PTHS Freshman Basketball Team - 2:30 - 4:15pm Open Gym - 4:15 - 5:15pm Mid-East Dance - 5:15 - 6:15pm REC Way Practices - 6:15 - 7:15pm Volleyball Open Gym - 7:30-10:00pm	26 REC Way Basketball Games - 9:00am - 2:00pm