



**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

**Note for Open Gym:** The court needs to be shared with other members who may not want to play full court pick up games. Basketball & Volleyball Open Gyms are for full court pick up games.

**PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION. FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT [www.paducahky.gov/parks-recreation-department](http://www.paducahky.gov/parks-recreation-department)**

			Tai Chi/Yoga Fusion: 12:15 - 1:00pm Homeschool Open Gym: 1:30 - 3:30pm Booty Jam: 5:15 - 6:15pm Basketball Open Gym - 6:30 - 9:00pm	Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga : 12:15 - 1:00pm Open Gym: 2:30 - 5:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:30 - 9:00pm	<b>1</b> Chair Yoga : 12:15 - 1:00pm Tai Chi/Yoga Fusion: 1:15 - 2:00pm	<b>2</b> CLOSED
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<b>3</b> Closed for July the 4th Weekend	<b>4</b> Closed for July the 4th	<b>5</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga: 12:15 - 1:00pm Family Open Gym: 2:30 - 6:00pm SharQui - 5:30 - 6:15pm (CR) Open Gym: 6:30 - 9:00pm	<b>6</b> Tai Chi/Yoga Fusion: 12:15 - 1:00pm Homeschool Open Gym: 1:30 - 3:30pm Booty Jam: 5:15 - 6:15pm Basketball Open Gym - 6:30 - 9:00pm	<b>7</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga : 12:15 - 1:00pm Open Gym: 2:30 - 5:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:30 - 9:00pm	<b>8</b> Chair Yoga : 12:15 - 1:00pm Tai Chi/Yoga Fusion: 1:15 - 2:00pm	<b>9</b> CLOSED
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<b>10</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>11</b> Tiny Tot Open Gym: 9:30 - 11:30am Chair Yoga: 12:15 - 1:00pm Open Gym: 2:30 - 5:20pm Yoga Foundations 5:30 - 6:15pm Basketball Open Gym: 6:30-9:00pm	<b>12</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga: 12:15 - 1:00pm Family Open Gym: 2:30 - 6:00pm SharQui - 5:30 - 6:15pm (CR) Open Gym: 6:30 - 9:00pm	<b>13</b> Tai Chi/Yoga Fusion: 12:15 - 1:00pm Homeschool Open Gym: 1:30 - 3:30pm Booty Jam: 5:15 - 6:15pm Basketball Open Gym - 6:30 - 9:00pm	<b>14</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga : 12:15 - 1:00pm Open Gym: 2:30 - 5:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:30 - 9:00pm	<b>15</b> Chair Yoga : 12:15 - 1:00pm Tai Chi/Yoga Fusion: 1:15 - 2:00pm	<b>16</b> CLOSED
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<b>17</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>18</b> Tiny Tot Open Gym: 9:30 - 11:30am Chair Yoga: 12:15 - 1:00pm Open Gym: 2:30 - 5:20pm Yoga Foundations 5:30 - 6:15pm Basketball Open Gym: 6:30-9:00pm	<b>19</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga: 12:15 - 1:00pm Family Open Gym: 2:30 - 6:00pm SharQui - 5:30 - 6:15pm (CR) Open Gym: 6:30 - 9:00pm	<b>20</b> Tai Chi/Yoga Fusion: 12:15 - 1:00pm Homeschool Open Gym: 1:30 - 3:30pm Basketball Reservation 4:00-5:00pm Booty Jam: 5:15 - 6:15pm Tennis Meeting (CR): 6:00 - 7:30pm Basketball Open Gym - 6:30 - 9:00pm	<b>21</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga : 12:15 - 1:00pm Open Gym: 2:30 - 5:00pm Basketball Reservation 5:15-6:15pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:30 - 9:00pm	<b>22</b> Chair Yoga : 12:15 - 1:00pm Tai Chi/Yoga Fusion: 1:15 - 2:00pm	<b>23</b> CLOSED
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<b>24</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>25</b> Tiny Tot Open Gym: 9:30 - 11:30am Chair Yoga: 12:15 - 1:00pm Open Gym: 2:30 - 4:00pm Basketball Reservation 4:00-5:00pm Yoga Foundations 5:30 - 6:15pm Basketball Open Gym: 6:30-9:00pm	<b>26</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga: 12:15 - 1:00pm Family Open Gym: 2:30 - 6:00pm SharQui - 5:30 - 6:15pm (CR) Pickleball Open Gym: 6:30 - 9:00pm	<b>27</b> Tai Chi/Yoga Fusion: 12:15 - 1:00pm Homeschool Open Gym: 1:30 - 3:30pm Booty Jam: 5:15 - 6:15pm Basketball Open Gym - 6:30 - 9:00pm	<b>28</b> Fitness Fusion: 10:00 - 10:45am Mat Yoga: 11:00am - 12:00pm Chair Yoga : 12:15 - 1:00pm Open Gym: 2:30 - 5:00pm Basketball Reservation 5:15-6:15pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:30 - 9:00pm	<b>29</b> Chair Yoga : 12:15 - 1:00pm Tai Chi/Yoga Fusion: 1:15 - 2:00pm	<b>30</b> CLOSED
<b>31</b> Volleyball Open Gym - 1:30 - 4:30pm						