



MAY 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

1 Volleyball Open Gym - 1:30 - 5:00pm	2 Walking Club-11:00am-12:00 pm Tai Chi/Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:00 - 8:00pm Futsal Open Gym -8:00-10:00pm	3 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Sit and Get Fit - 4:15 - 5:15pm Futsal Open Gym - 6:30-10:00pm	4 Walking Club- 11:00am - 12:00pm Mat Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:30-10:00pm	5 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Sit and Get Fit - 4:15 - 5:15pm Volleyball Open Gym - 6:30-10:00pm	6 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm Birthday Party - 6:30 - 8:00pm	7 CLOSED
8 Volleyball Open Gym - 1:30 - 5:00pm	9 Walking Club-11:00am-12:00 pm Tai Chi/Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:00 - 8:00pm Futsal Open Gym -8:00-10:00pm	10 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Sit and Get Fit - 4:15 - 5:15pm Futsal Open Gym - 6:30-10:00pm	11 Walking Club- 11:00am - 12:00pm Mat Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:30-10:00pm	12 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Sit and Get Fit - 4:15 - 5:15pm Volleyball Open Gym - 6:30-10:00pm	13 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	14 CLOSED
15 Volleyball Open Gym - 1:30 - 5:00pm	16 Walking Club-11:00am-12:00 pm Tai Chi/Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:00 - 8:00pm Futsal Open Gym -8:00-10:00pm	17 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Sit and Get Fit - 4:15 - 5:15pm Futsal Open Gym - 6:30-10:00pm	18 Parenting Class - 9:30am - 10:30am Walking Club- 10:30am - 12:00pm Mat Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:30-10:00pm	19 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Sit and Get Fit - 4:15 - 5:15pm Volleyball Open Gym - 6:30-10:00pm	20 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	21 CLOSED
22 Volleyball Open Gym - 1:30 - 5:00pm	23 Walking Club-11:00am-12:00 pm Tai Chi/Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:00 - 8:00pm Futsal Open Gym -8:00-10:00pm	24 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Sit and Get Fit - 4:15 - 5:15pm Futsal Open Gym - 6:30-10:00pm	25 Parenting Class - 9:30am - 10:30am Walking Club- 10:30am - 12:00pm Mat Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Chair Yoga - 4:15 - 5:15pm Basketball Open Gym - 6:30-10:00pm	26 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Sit and Get Fit - 4:15 - 5:15pm Volleyball Open Gym - 6:30-10:00pm	27 Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	28 CLOSED
29 CLOSED	30 CLOSED MEMORIAL DAY	31 Balanced Body - 9:30 - 10:30 am Walking Club- 10:30 - 11:00 am Mat Yoga - 11:00am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Sit and Get Fit - 4:15 - 5:15pm Futsal Open Gym - 6:30-10:00pm	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> PADUCAH PARKS RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION. FOR MORE INFO PLEASE CALL 444-8508. </div>			