

# OCTOBER 2018



**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

<b>1</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>2</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>3</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>4</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>5</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>6</b> <b>CLOSED</b>
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<b>7</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>8</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>9</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>10</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>11</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>12</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>13</b> <b>CLOSED</b>
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<b>14</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>15</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>16</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>17</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>18</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>19</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>20</b> <b>CLOSED</b>
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<b>21</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>22</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>23</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>24</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>25</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>26</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>27</b> <b>CLOSED</b>
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<b>28</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>29</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>30</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Funky Fitness - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>31</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym - 6:30-10:00pm	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p><b>PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION.</b></p> <p><b>FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT <a href="http://www.paducahky.gov/parks-recreation-department">www.paducahky.gov/parks-recreation-department</a></b></p> </div>		
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