



PADUCAH PARKS & RECREATION

ALWAYS SOMETHING TO DO!

1400 HC Mathis Drive

Paducah, KY 42001

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www.paducahky.gov

January 7, 2020

Hello,

Paducah Parks and Recreation would like to make you aware of our reopening plans for the Paducah Recreation Center. Beginning Tuesday, January 19, we will once again be able to provide members with exercise and fitness opportunities. Things will continue to look different as we've taken every effort to make fitness opportunities in our facility as safe as possible. Below are a few friendly reminders of the changes that are in place:

- 1) Paducah Recreation Center will be reopening January 19, 2021 for fitness classes only.
- 2) Classes will be limited to 12 participants.
- 3) Walk-in's are welcome; however, we recommend calling the Paducah Parks & Recreation office within 48 hours (Thursday for a Monday class or Friday for a Tuesday class) of the class to ensure one of the 12 spots. Once the 12 spots are filled between reservations and walk-in's, we will no longer accept any additional members for the class that day.
- 4) Due to limited facility capacity, spectators will not be permitted to enter. Childcare will not be provided.
- 5) Only one person at a time will be allowed through the front doors.
- 6) Anyone who wishes to enter the facility must have their temperature checked by a Paducah Recreation Center staff member before entering. Any person(s) who records a temperature of over 100.4 will not be permitted to enter the facility.
- 7) The temperature check will be followed up by a short verbal survey regarding exposure to COVID-19.
- 8) Due to the governor's executive order, masks must be worn at all times, including while working out, unless documentation can be provided stating you are unable to wear a mask while working out. The current executive order is set to expire at the end of January.
- 9) Upon entry, a "Sanitization Station" with masks, sanitizer, wipes, paper towels, disinfectant, etc. will be available.
- 10) Entry to the facility will only be permitted through the main doors.
- 11) When exiting the facility, the side door in the hallway between the kitchen and the water fountain must be used. If special accommodations are needed to enter and/or

exit through the main doors, please notify a Paducah Recreation Center staff member upon arrival.

- 12) Individual spots are set-up on the gym floor to allow for social distancing. After entry in to the facility, choose a workout spot immediately. After a spot is selected, stay in that location until the class has concluded.
- 13) Once the class has ended, please leave the facility immediately unless waiting for the next scheduled class. If you are staying for the next scheduled class, please stay in your current selected spot.
- 14) Mingling and socializing before or after class is not encouraged. Please maintain social distancing of at least 6 feet at all times.
- 15) Participants must bring their own equipment for each class, including bands, yoga mats, water bottles, weights, etc.
- 16) Cleaning of the facility will be a priority. There will be approximately 15-30 minutes allotted between each class, dedicated to allowing staff time for cleaning of the facility, including restrooms, the gym floor, chairs (when utilized), door handles, light switches, etc.

Additionally, there have been some changes to the class schedule. For the most current schedule of classes please visit the Parks and Recreation website at www.paducahky.gov/parks-recreation-department.

Because the facility has been closed to the public, we've extended memberships for an additional two months. Please note, this only applies to those whose memberships were still active on the last day the facility was opened before closing for COVID-19 (Friday, November 6, 2020). We are unable to reopen for Open Gym's at this time but hope to reopen for Open Gyms soon. If you only partake in Open Gym's (I.E. Basketball Open Gym, Volleyball Open Gym, etc.), your membership will be extended with the appropriate amount of time once Open Gym times return.

Thank you for your patience with us. We look forward to your return to the Paducah Recreation Center. If you have any questions or concerns regarding the Paducah Recreation Center or reopening policies and procedures, please contact us at 270-444-8508 or e-mail parkinfo@paducahky.gov.

Thank you,

Paducah Parks & Recreation