

# SEPTEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<b>2</b> <b>CLOSED</b>	<b>3</b> <b>CLOSED</b> <b>LABOR DAY</b>	<b>4</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>5</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>6</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>7</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>1</b> <b>CLOSED</b>
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<b>9</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>10</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>11</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>12</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>13</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>14</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>15</b> <b>CLOSED</b>
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<b>16</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>17</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>18</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>19</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>20</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>21</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>22</b> <b>CLOSED</b>
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<b>23</b> Volleyball Open Gym - 1:30 - 4:30pm	<b>24</b> Walking Club - 11:30am - 12:00pm Tai Chi - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym-6:30-10:00pm	<b>25</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Futsal Open Gym - 6:30 - 10:00pm	<b>26</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Zumba - 5:15 - 6:15pm Basketball Open Gym - 6:30-10:00pm	<b>27</b> Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Mid-East Dance - 5:15 - 6:15pm Volleyball Open Gym - 6:30-10:00pm	<b>28</b> Walking Club - 11:30am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	<b>29</b> <b>CLOSED</b>
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<b>30</b> Volleyball Open Gym - 1:30 - 4:30pm
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**PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION.**  
**FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT**  
**[www.paducahky.gov/parks-recreation-department](http://www.paducahky.gov/parks-recreation-department)**