

# Paducah Parks Services 2016 Fall Activity Guide



*Live. Play. Parks.*

Paducah Parks Services  
1400 HC Mathis Drive  
Paducah, KY 42001  
270-444-8508  
[www.paducahky.gov](http://www.paducahky.gov)

# Calendar of Events

## August



- 26 - Registration Deadline for Fall Kickball
- 27 - Celebration Saturday Market - Flavor Fiesta, Paducah Farmer's Market
- 28 - Tennis Draw Your Partner Doubles, Noble Park
- 31 - Adult Fall Flag Football Informational Meeting

## September



- 6 - Youth Fall Ball games
- 8 - Adult Volleyball Informational Meeting  
Fall Kickball begins
- 9 - Halloween Short Story Contest Deadline
- 10 - FootGolf Paducah Open, Midtown Golf Course
- 13 - Youth Fall Ball games
- 15 - Touch A Truck, Farmer's Market Parking Lot
- 20 - Youth Fall Ball games
- 24 - Farmer's Market meets BBQ on the River
- 27 - Registration Deadline for Adult Volleyball League  
Youth Fall Ball games
- 30 - Registration Deadline for Flag Football

## October



- 3 - Fall Break Camp (Monday - Friday, 3rd - 7th)
- 10 - Adult Volleyball League Begins
- 12 - Flag Football begins
- 20 - Veteran's Day Essay Contest Deadline
- 22 - Fountain Avenue Fall Festival
- 29 - Farmer's Market Closes

Woof-tober

## November



- 1 - Snow Sculpture Contest begins
- 11 - Veteran's Day Parade
- 22 - U.S. Capitol Christmas Tree Visits Paducah

## December



- 3 - Candy Cane Hunt  
Ugly Sweater Fun Run  
Christmas Parade
- 10 - Paducah's Homegrown Holiday Market

# SNOW SCULPTURE CONTEST

November 1, 2016 - March 31, 2017

Get your family outdoors this winter and play in the snow. Take pictures of your sculpted creations and send them in for our contest. 5 winners will be selected and prizes awarded. Pictures must be received by 5:00 pm on March 31, 2017 to be considered. Pictures can be emailed to [aclark@paducahky.gov](mailto:aclark@paducahky.gov) or posted on the parks facebook page.



# Center Rules

- Must wear athletic shoes on gym floor (Shoes with heels are prohibited.)
- Must show ID upon entry and sign in
- Hanging on rims of basketball goals is prohibited
- Equipment must be checked out at the office
- Equipment must be signed back in at the office before leaving the facility
- Profanity, rough housing, and horse play are prohibited
- Must be respectful of others and facility staff
- Must follow additional game rules during league play
- Children under 10 must be accompanied by an adult



## Paducah Recreation Center

1527 Martin Luther King Jr. Drive  
270-408-1530

### Membership Fees

Individual/Family Membership (Family consists of Guardian(s) and their children)	(2016 season) \$5 (2017 season) \$20
Special Events	Varied
League Fees (Does not include membership fees)	Varied
Classes at the REC (Some classes are not included in membership and will have additional participation fees)	Varied

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Volleyball Open Gym - 1:30 - 5:00pm	Mat Yoga - 9:45 am - 10:30am Walking Club- 10:30am- 12:00pm Tai Chi/Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:30pm Basketball Open Gym - 6:30 - 10:00pm	Dance and Tone - 10:15 - 11:00am Mat Yoga - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:00pm Sit and Get Fit - 4:15 - 5:00pm Zumba - 5:15 - 6:15pm Futsal Open Gym - 6:30-10:00pm	Mat Yoga - 9:45 - 10:30pm Mid-East Dance - 10:30 - 11:30am Walking Club- 11:15 am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:00pm Zumba - 5:15 - 6:15pm Basketball Open Gym - 6:30-	Dance and Tone - 10:15 - 11:00am Mat Yoga - 11:15am - 12:00pm Walking Club- 12:00 - 1:00pm Open Gym - 2:30 - 6:15pm Chair Yoga - 4:15 - 5:00pm Volleyball Open Gym - 6:30- 10:00pm	Dancercise- 9:45 -10:30am Chair Yoga - 12:15 - 1:00pm Walking Club- 1:00 - 2:30pm Open Gym - 2:30 - 6:00pm	<b>CLOSED</b>

Check the posted calendar on site or online at [www.paducahky.gov](http://www.paducahky.gov) for the most up to date information or call Paducah Parks Services office at 270-444-8508.

Dance & Tone

Dance your way into fitness during this fun class!

Chair Yoga and Mat Yoga

Chair Yoga: Great specialized exercise program with light resistance.

Mat Yoga: Learn the art of yoga in this great class!

Mid-East Dance

Join this class and learn the art of belly dancing!

Tai Chi

Need help relieving stress and anxiety? This meditation in motion class can help!

Sit & Get Fit

Get some great exercise in this low impact class.

Dancercise

It doesn't feel like exercise in this class!

Zumba

Dance your way to a healthier you with this fun energetic class!

Classes at the Paducah Rec Center

# Adult and Youth Athletics

## Open Gym at Paducah Recreation Center

**Basketball:** Our new basketball goals are ready for action! Come play a pick-up game with your friends during our open gym sessions Mondays and Wednesdays from 6:30 pm - 10:00 pm.

**Futsal:** Love soccer? Get a team together or just drop in for a pick up game indoors every Tuesday from 6:30 pm - 10:00 pm.

**Volleyball:** Every Thursday from 6:30 pm - 10:00 pm and Sunday from 1:30 pm - 5:00 pm, the volleyball net will be up and ready for play!

## League Play

**Volleyball:** Starting October 10<sup>th</sup> get your team ready for indoor volleyball! This fun adult league will play on Mondays. Coach's meeting September 8 at 6:00 pm. Roster and team fees due Tuesday, September 27.

**Flag Football:** Get ready for the football season by playing in our adult league! Games will be held on Wednesdays starting October 12<sup>th</sup>. Coach's meeting August 31 at 6:00 pm. Roster and team fees due Friday, September 30.

**Kickball:** Come have fun playing in our adult kickball league! Starting September 8<sup>th</sup> games will be on Thursdays.

**Wiffleball:** Challenge your skills and gather a team to play wiffleball! Coach's Meeting will be December 12. Roster and team fees due January 8. Games begin January 25.

**Dodgeball:** Who says dodgeball is just for kids? League information will be coming soon!

For updated calendar and more information visit us online at [www.paducahky.gov](http://www.paducahky.gov) or call the Paducah Parks Services office at 270-444-8508.



## Clogging

Join us for clogging every Monday night. Have fun and get a great workout! Held at the Robert Cherry Civic Center.

## Mid-East Dance

Learn the art of belly dancing! Beginner, Intermediate and Advanced classes are available. Held at Paducah Parks Services Bldg.

## Tribal Fusion

A combo class mixing different styles of dance in an upbeat class. Held at Paducah Parks Services Bldg.

## Bella Luna

Performance Class requires instructor approval. Held at Paducah Parks Services Bldg.

## Little Miss Mid East

Belly dancing for girls.

# Fall Youth Tee Ball, Baseball & Softball



Tuesdays, September 6, 13, 20, & 27  
6:00 – 7:15 pm  
Cost: \$5 per child  
Noble Park Baseball Fields

Register Deadline is September 2<sup>nd</sup>  
Register at the Parks office, located  
1400 HC Mathis Drive, or call  
270-444-8508.



Paducah Parks Services will be offering a fall tee ball, baseball and soft-ball league for youth ages 5-10. It will consist of 30 minutes of practice and a scrimmage for 45 minutes. Teams will be organized based on ages and attendance each night. Players should bring their own glove, tennis shoes or cleats, and athletic apparel. All other equipment will be pro-

For more information contact Taylor Morsching at [tmorsching@paducahky.gov](mailto:tmorsching@paducahky.gov) or call 270-444-1331.

# FOOTGOLF

## PADUCAH OPEN



**SATURDAY SEPTEMBER 10**

**MIDTOWN GOLF COURSE 1122 ADAMS STREET**

**Registration begins at 9:00 AM. Shotgun start at 9:30 AM.**

***Registration is FREE with a canned good or food donation. Donations will go to Paducah Cooperative Ministry food pantry.***

**18 hole tournament - Bring your own soccer ball**

**1<sup>st</sup> Place - \$75**

**2<sup>nd</sup> Place - \$50**

**3<sup>rd</sup> Place - \$25**

**Plus Door Prizes!**

For more information please contact Taylor Morsching at Paducah Parks Services at 270-444-1331 or [tmorsching@paducahky.gov](mailto:tmorsching@paducahky.gov)

# TENNIS DRAW YOUR PARTNER DOUBLES

Come and enjoy this social event for tennis where doubles teams will be randomly drawn throughout the afternoon. You can attend by yourself or with a group, and it is open to tennis players ages 16 and older. Join us for this fun day of doubles tennis!

**Sunday August 28**

**Noble Park Tennis Courts**

**3:00 PM**

**FREE**

**Door Prizes will be given out!**



For more information contact Taylor Morsching at Paducah Parks Services  
at 270-444-1331 OR [tmorsching@paducahky.gov](mailto:tmorsching@paducahky.gov)

**Thursday, September 15<sup>th</sup>**

**10:00 am-12:00 pm**

**Downtown, Farmer's Market Parking Lot**

Bus and Public Parking will be available in the parking lot located at 2<sup>nd</sup> and Broadway, across from the old Whaler's Catch building. Buses may drop students off at 2<sup>nd</sup> and Jefferson Street.

## Touch A Truck



This field trip opportunity is a fun educational experience for you and your class, and it's also **FREE!** Specialty vehicles from different businesses come and park their vehicles for the children to see, and in some cases sit in the driver's seat and honk the horn. The drivers interact with the children and teach them about the vehicle and business. This is an event you won't want to miss!

Some of the vehicles that have been in attendance in the past have been a helicopter, fire truck, ambulance, trolley, police car, dump truck, and much, much more!

# PIG OUT!!



**BBQ FARMERS MARKET  
FALL FESTIVAL  
&  
ENTERTAINMENT!**

**FRESH LOCAL PRODUCE,  
HOMEGROWN AND ARTISAN GOODS**

THURSDAY SEPTEMBER 22  
(MUSIC/ENTERTAINMENT ONLY)  
6-7PM QUICK STEP CLOGGERS  
7-9PM THE MCKENDREES

FRIDAY SEPTEMBER 23  
MUSIC/ENTERTAINMENT ONLY  
6-7PM RHYTHM FACTORY  
7-9PM WHEELHOUSE ROUSTERS

SATURDAY SEPTEMBER 24  
(FULL FARMER'S MARKET STREETSIDE 10AM-10PM  
AND MUSIC/ENTERTAINMENT 6-10PM)  
6-7PM QUICK STEP CLOGGERS  
7-8PM HAYLEY PAYNE  
8-10PM JACK MARTIN AND GOOD CO.



**CELEBRATING....GREAT GOODS  
GOOD COMPANY, GOOD FOOD, GOOD MUSIC  
GOOD VENDORS**

**BBQ ON THE RIVER 2016**



**Woof-tober & HOWL-o-WEEN**  
 Doggie Costume Contest  
 October 29th 12-4pm at Stuart Nelson Park

Register for the free Pet Parade and Costume Contest at the blue tent between 12—2pm

2:30pm Small Dogs  
 3:00pm Large Dogs

Winners announced at 3:30pm



Enter our free raffle:

Guess how many doggie bones in our jar!!!

Find the perfect addition to your family! Adopt from one of our great rescue organizations!



Presented by Paducah Parks Services 270-444-8508.

**FALL** Scarecrow leaves  
**HARVEST**  
**Apple** cider  
**CORN** MAZE  
**Pumpkin** Pie



3<sup>rd</sup> - 8<sup>th</sup> Grade  
**HALLOWEEN**  
 Short Story Contest

Contest Rules Apply

Deadline for submission is  
**Friday, September 9 5pm**

Mail or bring entries to  
 Paducah Parks Services  
 1400 HC Mathis Drive  
 Paducah, KY 42001  
 or email them to  
[aclark@paducahky.gov](mailto:aclark@paducahky.gov)



**FOUNTAIN AVENUE FALL FESTIVAL**

Saturday, October 22  
 5:30 - 8:30 pm

Games, food, prizes, hay ride, a movie on our 40 ft inflatable movie screen and so much more! Sponsored by City of Paducah's Parks Services and Planning Departments. Contact Parks at 270-444-8508 or Planning at 270-444-8690 for more information.

**Fall Break Camp**  
 October 3 - 7  
 8:30 am - 4:30 pm

Pre-register by Friday, September 30 at Paducah Parks Services. Camp will be held at Noble Park and will include arts and crafts, sports, games, field trips, and more. Bring a sack lunch.



# 2016 Veteran's Day Poster and Essay Contest

Veteran's Day Contest is for all students in K - 12th grades and will be judged in four grade divisions. Themes are still to be announced.

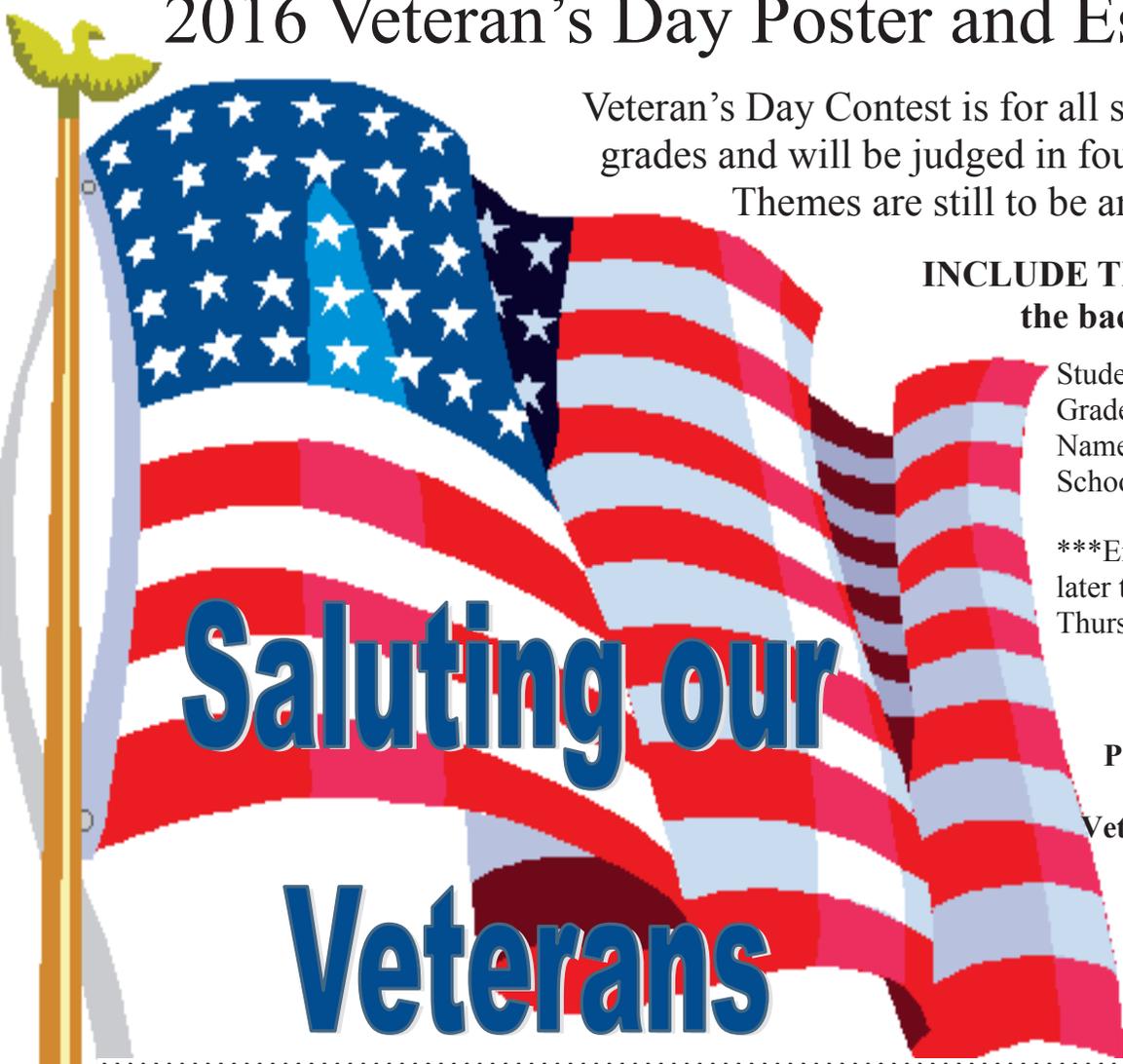
**INCLUDE THE FOLLOWING on the back of your entry**

Student's Name  
Grade  
Name of Teacher and School  
School Phone

\*\*\*Entries must be received no later than 5:00 pm on Thursday, October 20\*\*\*

Essays can be returned to Paducah Parks Services at:

Veteran's Day Essay Contest  
Paducah Parks Services  
1400 HC Mathis Drive or  
P.O. Box 7265  
Paducah, KY  
42001



**Saluting our  
Veterans**

Winners will receive prizes and be invited to ride on a float in the parade held November 11, 2016.

**Friday, November 11  
10:30 am - Opening Ceremonies  
11:00 am - Parade**

Parade will begin at Dolly McNutt Plaza on South 6<sup>th</sup> Street and travel to Broadway, turn left on Broadway and travel to Fountain Ave where the parade will disband. Flags will be distributed at the memorial for those who'd like to pick one up, while supplies last.

# **Veteran's Day Parade**

## Christmas in Paducah

# Candy Cane Hunt



Ages 10 years and younger  
Saturday, December 3  
Registration begins at 12:30  
pm. Hunt begins at 1:00 pm.  
Carson Center Lawn  
Event is Free

Goodie bags will be given out  
while supplies last.

# UGLY SWEATER

Saturday, December 3  
Run begins at 4:30pm. Pre-register at Parks or register  
on site at the Paducah Police Dept, located at 14<sup>th</sup> and  
Broadway. Bring canned goods or a new toy for local  
charities. Run will follow parade route. \$5 per person

# Fun Run



# Christmas Parade

## Pictures of Paducah at Christmastime

Saturday, December 3  
5:00 pm

Parade will begin at 14<sup>th</sup>  
Street and  
Broadway and proceed on  
Broadway to 2<sup>nd</sup> Street,  
turn left on 2<sup>nd</sup> Street and  
continue to Monroe,  
where the parade will  
disband.

Paducah Parks Services Wishing You Happy Holidays



PADUCAH HOME GROWN

Music!

# HOLIDAY FARMERS' MARKET

Over 40 vendors!

\*\*\*At the EXPO Center!\*\*\*

Santa Pictures!

Twisty Balloons!

Paducah Parks Services PRESENTS.....  
Saturday December 10, 9am-4pm

## A Holiday Homegrown Farmers Market

Many of your favorite Farmers' Market vendors will be on site, selling fantastic, local, homegrown goods-yes even some produce, meat and eggs- for the Holiday season or that last minute Christmas gift. You can expect a great selection of **farm, artisan** and **baked goods**. Come have your little one get their picture taken

on **Santa's** lap, Farmers' Market style, or choose a Christmas **tree** ...



Kiwanis Christmas Trees  
are back!

Shop all your favorite  
Homegrown Holiday Market  
Farmers, **Artisans** and  
**Community Partners!**

**\*\*Ice Skating to all your favorite Christmas songs!!\*\***

