

Week 6: Music
July 6 – 10

Monday, July 6

Activity 1: Build your own Guitar

Description: Use an empty tissue box, toilet paper rolls, and rubber bands to create your own guitar

Items Needed:

- Empty tissue box
- Toilet paper rolls
- Rubber bands
- Glue
- Pencils
- Paint

Here's a video to follow along with:

<https://www.youtube.com/watch?v=4m5oWZixca0>

Activity 2: Freeze Dance

Description: Blast some of your kids' favorite tunes (or even some of your own) and dance to your hearts' content. Then, when they least expect it, yell "freeze!" and stop the music. See what funny positions you wind up in. How long can you hold them?

Activity 3: Music Note Arts & Crafts

Description: Using black construction paper, cut it into the shape of a music note. Decorate it up with whatever arts and crafts supplies. Write in lyrics of your favorite songs, etc.

Items Needed:

- Black construction paper
- Paint
- Colored paper
- Glue
- Markers

Tuesday, July 7

Activity 1: Kitchen Band

Description: Use items found around the kitchen to create your own "kitchen band." Items can be pots and pans for drums, salt and pepper shakers for maracas/rainsticks, a tub of oatmeal for a bongo, pot lids for cymbals, and empty paper towel roll for a horn. Etc. Kids can creative to find various items that make different sounds.

Activity 2: Build your own Drum

Description: Make a drum out of an empty container. Use paint or wrap it with construction paper to decorate the drum

Items Needed

- Empty container
- Paint
- Construction paper

Activity 3: Draw What You Hear

Description: Cue up different types of music on your speakers – pop, kids, classical, country, etc. Give you kid some paper and different colored markers or crayons. Start the music and ask them to draw what they are hearing. For example, slower music might bring out long, loping lines, while faster music might bring out shorter zig-zagged lines. There are no wrong answers.

Items Needed:

- Paper
- Crayons/markers

Wednesday, July 8

Activity 1: Water Xylophone

Description: Fill five glasses of water of the same size, each with different amount of water. Add food coloring to make it more fun. Line the glasses up from least to most amount of water. Hit the glasses with spoons to see how the glasses of water make different sounds.

Items Needed:

- 5 glasses
- spoon

Activity 2: Build your own Shakers

Description: Using an empty water or soda bottle, fill it about a quarter full of either dried macaroni, beads, dried beans, etc. Decorate the outside of the bottle with construction paper and glue.

Items Needed:

- Empty water or soda bottle
- Macaroni, beads, dried beans, etc.
- Construction paper
- glue

Activity 3: Song Writing Activity

Description: Teach your kids about time signatures, bars, and barlines. Included is a link to a short video to teach about these basic music principles. Have your kids draw their own music sheet using the time signatures, bars, and barlines. Get them to add their notes

in their music sheet and come up with their own songs. Help them clap along to the beat using the music they made.

Thursday, July 9

Activity 1: Rhythm Basketball

Description: Pick out some favorite songs and dribble a basketball to the rhythm of the song. Try and use a variety of songs of different rhythm levels to learn the rhythm difference between the songs.

Activity 2: Build your Own Tambourine

Description: Take your two paper plates and punch about 5 holes in the outside equally apart. In between the two plates, add your noise makers. These can be dried macaroni or beans or beads. Take some string or pipe cleaners and tie the two paper plates together.

Items Needed:

- Two paper plates
- Hole puncher
- Macaroni, beans, or beads
- String or pipe cleaners
- Markers/paint

Activity 3: Dance-off

Description: Start off by playing some music. Have the first contestant show a dance move. The next contestant then has to replicate it as close as possible. See how far they can keep adding in new moves.

Friday, July 10

Activity 1: Build your own Kazoo

Description: Put the thick rubber band around a popsicle stick, end to end. Slide a toothpick under the rubber band close to one end. Place the second popsicle stick on top of the first one and secure them together with a thin rubber band. Place the other toothpick between the popsicle sticks at the other end and secure the end with another rubber band. Trim the points off the toothpicks. Blow or hum into the kazoo to make noise.

Items Needed:

- Two large popsicle sticks
- Two toothpicks
- One thick rubber band
- Two thin rubber bands

<https://www.itsalwaysautumn.com/kid-made-drum-set-kazoo-easy-indoor-craft.html>

Activity 2: Lyric Writing

Description: Get your kids to write lyrics about a family member, favorite food, or favorite characters. They can use their song they made earlier in the week as the starting spot.

Activity 3: Carpool Karaoke

Description: While you're on a drive throughout the day, play some of your kids favorite songs and sing along with them.