



**PADUCAH PARKS & RECREATION**  
ALWAYS SOMETHING TO DO!

## **Adult Kickball Rules**

**Revised 7/21/2021**

### **LOCATION**

- Games will be played at Noble Park on Fields 5 and 6.

### **SCHEDULE**

- Team schedules can be found at <http://www.paducahky.gov/adult-kickball-league>. Schedules will also be emailed to team captains.
- If your team is unable to make a game, contact the Recreational Specialist no later than 3:00pm the day of the scheduled to have the game rescheduled.

### **ROSTER:**

- Each team consists of up to 10 players in the lineup. A team may start a game with a minimum of 8 players. A team may have up to 20 players in their lineup to kick.
  - If a team, for reasons such as injury or ejection, during game play cannot maintain the minimum player requirement, the game will be ended. The score will stand, but the team that fails to meet the minimum player requirement will receive a loss.
  - NOTE: A team can have more runs but lose due to not meeting the minimum player requirement throughout any part of the game.
- Players on the roster must be at least 18 years of age (birth certificates or official identification may be requested) by the date of the first game of the season.
- Rosters will be frozen at the beginning of the tournament. Players must be on the Team Roster to be eligible for the tournament

### **GAME TIME REGULATIONS**

- A game will consist of 7 innings.
- All games will have a 50-minute time limit.
  - No inning will begin after the 50-minute mark has passed.
  - The inning will be played out if the 50-minute mark has passed.

- The Recreation Specialist, Umpire, and/or Field Supervisor will announce when the game is entering the final inning.
- Overtime Rules
  - If the game is tied after 7 innings or at the 50-minute mark, one inning of extra time may be played. If the game is still tied after the extra inning, the game will end in a tie.
  - During the playoffs, if the game is tied after 7 innings or at the 50-minute mark, extra innings will be played until a winner is determined.
- Games will be played on Thursdays. Make-up games will be announced by Paducah Parks & Recreation. These days and times may not coincide with the original day and time that your games were scheduled.
- **GAME TIMES ARE SUBJECT TO CHANGE ONLY WITH THE PARKS DEPARTMENT APPROVAL.**
- The home team on the schedule will be the home team in the game.
- There is no grace period. Game Time is game time. Any team that does not show up or does not have enough players to start the game, will forfeit. The opposing team will receive a total of 5 runs, for a final score of 5-0
- If in doubt of a game being played due to weather, **call 270-444-8621 AFTER 4:00 PM**

## **GAME RULES**

- *Scoring*
  - A run is scored when a runner safely reaches the home plate before the end of an inning.
  - If the team that kicks in the bottom half of every inning is already leading when the bottom half of the final inning is reached, that team wins the game will not kick.
  - If the team that kicks in the bottom half of every inning takes the lead during the bottom half of the final inning, that team wins, and the game is ended immediately.
- *Mercy Rule*
  - The game will be final if one team leads by 20 runs after 3 innings or 10 runs after 5 innings.
- *Substitutions*
  - The number of substitutions in a game and the number of times a player can be replaced by a substitute and re-enter the game is unlimited.
  - Each team will be allowed one courtesy runner per inning.
  - A participant who is bleeding or has blood on his/her clothes cannot participate until the bleeding has stopped and the clothes changed. The Recreation Specialist, Umpire, and/or Field Supervisor will have a first aid kit available on site.
- *Pitching*
  - Pitchers must stand with both feet behind the bunt line (line between first and third base) and keep at least one foot on the pitching rubber when making a pitching attempt.
  - All pitches must bounce at least once between the plate and the pitcher's mound.

- *Kicking*
  - Everyone on your team may kick. Starting players may move freely from one field position to another, but the batting order must stay the same.
  - If a team is playing with 4 females, they may not bat more than 6 males. Males may not kick three spots in a row, this includes when the bottom of the lineup changes to the top. **Every player that plays in the field must kick.**
  - Each batter will start with a 0-0 count, with 4 fouls making an out (fouls do not count as strikes). The batter is out after 3 strikes or 4 foul balls, and is issued a walk after 4 balls. Pitches are considered strikes when the ball is within one foot of either side of home plate and above home plate.
  - Kickers must start on or behind the Kick Line (the line drawn approximately 6 feet behind home plate), and must not cross home plate before kicking the ball. A strike is a ball that rolls through the strike zone and is not kicked or when a player attempts to kick the ball and misses.
  - Double/triple kicks will result in a foul ball.
  - A kicked ball must travel beyond the bunt line (line drawn between first and third base) to be considered “in play.”
  - Bunting will not be permitted and is a dead ball and an automatic out. A bunt is defined by any ball that comes to a rest in front of the bunt line.
  - The infield fly rule is in effect.
- *Baserunning*
  - Baserunners may not leave the base until the pitch is kicked. If a runner is off base before the pitch is kicked, the runner is called out a “no pitch” is declared.
  - Runners must stay within the base line, and fielders must stay out of the base line.
  - A player who runs outside their base path in an attempt to avoid a tag, shall be declared out. In this situation, the ball shall remain live unless something else causes it to become dead.
  - Runners must avoid contact at all cost. Fielders may not block a base or base line when not making a play on the runner/ball. (Contact result in that player being called out and possibly ejected from that game and suspended for the next game).
  - You may overrun first-base, but must not make an attempt to advance.
  - Sliding is allowed; however, when sliding all parts of the runner may be tagged, or hit in a throwing situation (IE. you can be hit in the head).
  - If a runner comes in contact with a kicked ball while not on a base they will be called out.
  - Runners will be awarded an extra base for a ball that is thrown out-of-play.
    - Example: If a runner is on first base, they will be awarded second base. If a runner is between first and second base, they will be awarded third base.
- *Fielding*
  - Maximum of 10 players on the field at one time (5 women and 5 men). A team may play with a minimum of 4 women if there are only 4 women at game time.
  - Women must make up 2 outfield positions, 2 infield positions, and either pitcher or catcher. If there are only 4 women available, the pitcher and catcher are included for the infield positions.

- Teams must have a minimum of 6 players in order to start or continue a game (at least 3 women).
- If a team does not have at least 6 players or enough females at the start time, that team will forfeit the game.
- All fielders-must remain behind the bunt line (line drawn from first to third) until the ball has been kicked. The catcher must remain behind the Kick Line until the ball is kicked.
- Outs are recorded by tagging the base in a forced run situation, tagging the runner with the ball, or hitting the runner with a thrown ball below the shoulders (if the ball bounces you are still out). A player hit in the head MAY be ruled safe according to the umpire's discretion.
- The umpire will automatically call "time" when the ball reaches the infield, with no runners attempting to advance, or retreat.

## POSTSEASON TOURNAMENT

- A double elimination post-season tournament will follow the regular season.
- No post-season tournament game shall end in a tie. If the time limit has expired and the game is tied, a tiebreaker inning(s) will occur. All players will clear the field and the home team will take the field w/the visiting team kicking. The kicking order will continue from the previous inning. The tiebreaker will continue until a complete inning has resulted in one team scoring more runs than the other. Home team will always have the last opportunity to kick.
- On the upper half of the bracket, where teams do not have any losses, the higher seeded teams will be the home team (1 is home vs 4, 2 is home vs 3, etc.). In the bottom half of the bracket, where all teams will have one loss, the home team will be decided by coin flip.

## SPORTSMANSHIP

- All players, coaches and spectators are required to display good sportsmanship before, during and after all games on and off the court/field while at Paducah Parks and Recreation activities. Players, coaches, and spectators not displaying good sportsmanship may be ejected or suspended as determined by the Paducah Parks and Recreation staff in accordance with the Parks Behavior Policy.
- **Showing respect towards players, umpire(s) and Paducah Parks & Recreation staff is an integral part of the success of the Adult Kickball League.** Failure to show the proper respect before, during, and after games could lead to disciplinary action for the player or team.
- If any player, coach or spectator is involved in a verbal or physical altercation, that person will be suspended per the Paducah Parks & Recreation Behavior Policy.
- **Paducah Parks & Recreation Behavior Policy:** Paducah Parks and Recreation under no circumstance will tolerate verbal and/or physical abuse of any staff member, umpire/referee, or program participant. The penalties for any of the above behaviors are strict and strongly enforced. First time offenders may be suspended for a minimum of 1-

year from all Parks and Recreation programming. It is our mission that all participants as well as employees feel safe and are protected from any type of abuse.

## **EJECTIONS**

- If any player, coach, or spectator is involved in a fight or situation involving verbal abuse, that person will be suspended per the Paducah Parks & Recreation Behavior Policy.
- Any ejected player is suspended from the remainder of the present game and the next played game, plus could face additional suspension(s) based on their current and past behavior. Paducah Parks & Recreation staff will decide upon any further disciplinary action.
  - First offense: Remainder of present game and next played game.
  - Second offense: Remainder of the season including the post-season. Player must also be approved for reinstatement to kickball leagues by Paducah Parks & Recreation in order to play in future seasons.
- Any ejected person must leave the park immediately. Any delay in doing so or disruptive behavior upon ejection will result in further disciplinary action that could include team forfeit.
- Any obscene language or gestures of any kind displayed by a player, team manager, or spectator will result in an immediate ejection.
- There will be no discussion on any judgment calls. Excessive verbal confrontation between players or umpires is not permitted. Maintain distance of at least 6 feet when calls are being questioned. Umpire on the field makes the final decision.

## **WAIVERS:**

- A waiver must be signed by all participants waiving The City of Paducah, Paducah Parks and Recreation and its entire staff from any liability for injury associated with the event. Any new Individual Player Waiver must be turned in to the Recreation Specialist at Paducah Parks & Recreation by 3:00 p.m. on gameday.

## **BANNED SUBSTANCES:**

- There are to be no alcoholic beverages or illegal drugs on City of Paducah premises and parks.
- No tobacco products will be allowed on fields or in dugouts.
- No smoking or vaping is allowed anywhere within Bob Noble Park. If a person wants to smoke or vape, they must do this inside their vehicle.
- Use of such will warrant an automatic ejection from the current game and may lead to further punishment after review of incident by Paducah Parks & Recreation staff.

## **LEAGUE RIGHTS**

- Paducah Parks & Recreation reserves the right to overrule, edit, add, or remove any rule found in these rules for the betterment of the league at any day or time.

**NOTE:**

NO MEDICAL INSURANCE IS CARRIED BY THE PARKS DEPARTMENT ON INDIVIDUAL PLAYERS IN THE LEAGUE. EACH PLAYER IS RESPONSIBLE FOR HIS/HER OWN MEDICAL INSURANCE.

NO TEAM WILL BE PLACED ON THE SCHEDULE UNLESS THE FEE IS PAID IN FULL AT THE TIME OF THE SEASONAL REGISTRATION DEADLINE.

**\*\*NO REFUNDS WILL BE GIVEN AFTER REGISTRATION\*\***

Schedules and Current Standings will be available on the web at: <http://www.paducahky.gov/adult-kickball-league>

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